

TIME OF YOUR LIFE CELEBRATION



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READING CHALLENGE

Connecting with others is one of the great joys of life and important for our health too! Check out these fiction and non-fiction books that touch on the theme of human connections – be entertained, moved, and inspired!

Read any of these titles and send us a book review of it!
The 10 best entries will receive a Time of Your Life token!
Submit online by **30 Nov 2024** through the QR code above.



Together: Loneliness, Health & What Happens When We Find Connection
Vivek H Murthy

Call No.: 158.2 MUR
London: Profile Books, 2020

Available as physical book and e-book



Sweet Bean Paste
Durian Sukegawa

Call No.: SUK
London: Oneworld, 2017

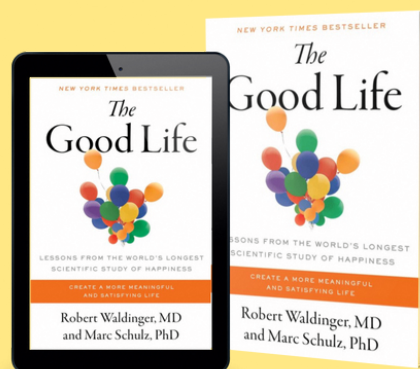
Available as physical book and e-book



Nanaville: Adventures in Grandparenting
Anna Quindlen

Call No.: 813.54 QUI
New York: Random House, 2019

Available as physical book and e-book



The Good Life: Lessons from the World's Longest Study of Happiness
Robert Waldinger & Marc Schulz

Call No.: 158 WAL
London: Rider, 2023

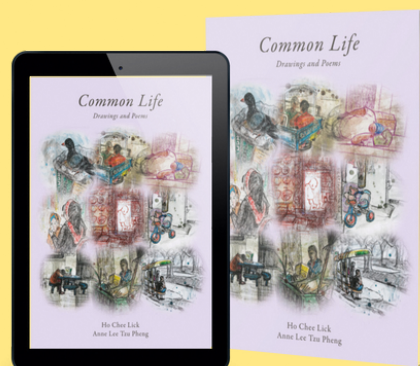
Available as physical book and e-book



Unplugged Play Grade School: 216 Activities & Games for Ages 6-10
Bobbi Conner

Call No.: 790.1922 CON -[REC]
New York: Workman Publishing, 2020

Available as physical book and e-book



Common Life: Drawings and Poems
Anne Lee Tzu Pheng & Ho Chee Lick

Call No.: SING S821 HO
Singapore: Ethos Books, 2018

Available as physical book and e-book

TIME OF YOUR LIFE CELEBRATION



DISCOVER YOUR NEXT GREAT READ!

Check out these must-read books
recommended by international experts for
the Time of Your Life Celebration 2024!

Dr Lynne Corner recommends:



The 100-Year-Old Man Who Climbed Out the Window and Disappeared
Jonas Jonasson

Call No.: JON -[MO]
London : Hesperus Nova, 2013

Available as physical book and e-book

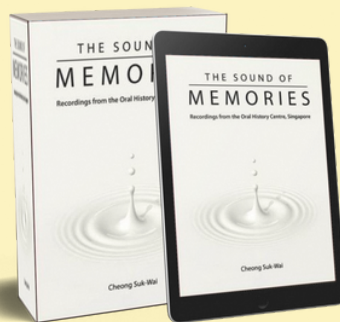
Dr Chiu Chia-Hui recommends:



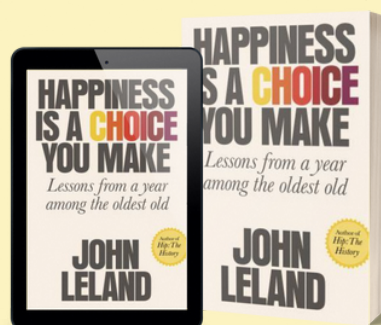
The Sound of Memories: Recordings from the Oral History Centre, Singapore
Cheong Suk-Wai

Call No.: SING 959.57 CHE
Singapore: World Scientific Publishing Co. Pte. Ltd., 2019

Available as physical book and e-book



Dr Florence Fong recommends:



Happiness Is a Choice You Make: Lessons from a Year Among the Oldest Old
John Leland

Call No.: 305.26097471 LEL
New York : Sarah Crichton Books, 2018

Available as physical book and e-book

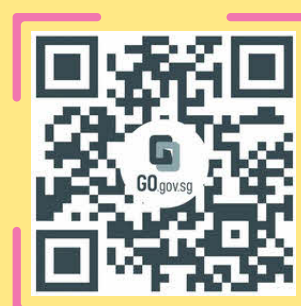
Dr Adrian Hayter recommends:



Right Kind of Wrong: The Science of Failing Well
Amy C Edmondson

Call No.: 158.1 EDM
New York: Atria Books, 2023

Available as physical book and e-book



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